Benchmark - Capstone Project Change Proposal Portfolio

Student Name (do not include credentials)

Professional Capstone and Practicum

Instructor name, credentials

Current date spelled out: Month – Day – Year (e.g., October 1, 2019)

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*Give an introductory paragraph to your paper to introduce the reader and to entice the reader to keep reading. Include your thesis or purpose statement in this paragraph. Remember paragraphs should be 3-5 sentences minimum.*

**Background**

*What is the background for your project? What makes it so important to solve the problem? How does it affect your work place, patients, health care workers, community, nursing profession? Include citation of at least one reference.*

**Problem Statement**

*You need a complete problem statement not just a PICOT. Remember to include what your project is and what is the reason it is so important to your current level of practice. Include citation of at least one reference*

**Purpose of the Change Proposal**

*What is the purpose of changing current practices, be thorough and back up your thoughts. This is different from your problem statement. Include citation of at least one reference*

**PICO(T)**

*Introduce your PICOT before you write it out. Must be in proper PICOT format with identifiable components and must include ALL the components including the time factor. You need to describe your components and the paragraph must be at least three complete sentences. Include citation of at least one reference*

**Literature Search Strategy Employed**

*How did you find the literature your used? Include citation of at least one reference*

**Evaluation of the Literature**

*Remember, no articles over five years and make sure you are not using primarily websites. You should be using at least* ***8*** *articles and all* ***eight*** *be from peer-reviewed articles. You may certainly use more than eight. Must cite and reference the basic eight articles used. You can also use your literature evaluation table from Week Four but will need to start the section in this area with the information about at least one article, then use* (See Appendix #) to *gear your reader toward the rest of the information for this section. This saves on word count.*

**Applicable Change or Nursing Theory Utilized**

*For this, you must give the name of the change or nursing theory and you must describe the theory and how it applies to your project. Include citation of at least one reference*

**Proposed Implementation Plan with Outcome Measures**

*If you have tools that you included with your original project, review for accuracy and include in the appendices with proper citations for the appendices within the body of the paper. See the APA manual on how appendices should be listed in the paper and in the reference section. Include citation of at least one reference*

**Identification of Potential Barriers to Plan Implementation,**

**and a Discussion of How These Could Be Overcome**

*This should be very thorough and appropriately described. You should have a minimum of three barriers and how you will overcome those barriers. Include citation of at least one reference*

**Conclusion**

This is an integral part of your paper to summarize your project and how it will make a difference.

References

Must be in APA format with all elements correct.

Appendices

*Do not split your appendices between pages if you can avoid it. Each page of an appendix must be labeled with the Appendix letter, e.g., the literature evaluation table is several pages, each page must have centered at the top the words* ***Appendix A (or whatever letter you are using at the point of inclusion of this Appendix).***

When referencing your Appendices in the body of the paper, you will write out the text, e.g.,

**The first man on the moon was the first of many astronauts who discovered space (Appendix A) or (See Appendix A).**

*See the APA manual on ordering of appendices in the paper and the appendices section. The appendices section is not optional, it is a requirement in the rubric.*

**\*\*\*\*\*\*\*\*Make sure your appendices come AFTER your reference page so the appendices do not count in the word count \*\*\*\*\*\*\***

**Immersion Hours Component**

*Include your immersion hours for each week. You will not have completed your hours for Week 10, but you can list them as: Projected Hours for Week 10. This part is all the hours you have submitted in the class (weekly submission) and put into one MS Word Document as a comprehensive list. This means you take each of the weeks you submitted the practice hours statement and copy each individual week into one MS word document for a comprehensive list. The weeks must match what you have previously submitted.*

**Word Count**

**Includes the first word on the second page (first page after your title page) and until the last word before the References page. Therefore, make sure you include your appendices section AFTER your reference list. If you put the appendices before the reference list, your word count will be exceeded, and this will affect your score. The word count should be between 1250-1500 words.**