Reflective Journal and Scholarly Activities

Name

Institution

Date

Professional Capstone and Practicum: Reflective Journal and Scholarly Activities

During my placement, I had an opportunity to attend a conference organized by the Association of Perioperative Registered Nurses. During the conference, I had the opportunity to take part in networking events and educational events. The conference focus on nursing leadership and the delivery of safe care. This scholarly activity significantly improved my leadership skills and care delivery.

New approaches: There have been significant changes in the nursing field and thus nurses should adapt to the changes to ensure their relevance in the nursing field and to ensure delivery of competent care. The conference I attended equipped me with more skills to deliver better care. For example, I learned that using and consulting the latest-evidence during care delivery will improve the quality of care (Esposito et al., 2017). From now henceforth, I will be using evidence from the latest empirical studies to guide my practice.

**Interprofessional collaboration: During the conference, I took part in various networking activities that allowed me to interact with nurses working in various specialties.** Busari et al (2017) explain that collaboration in healthcare facilitates the delivery of high-quality care. interprofessional collaboration also facilitates effective problem-solving resulting in improved care, efficient resource utilization, and integration of technology in care delivery. Networking during the conference informed me that interprofessional collaboration is vital in improving patient safety and health outcomes.

The role of technology in improving health care outcomes: During the conference, the role of technology during practice was widely discussed. I learned that technology significantly improves health outcomes and efficiency. For example, the use of electronic health records leads to reduced medical errors and also improves coordination of care (Rouleau et al., 2015).

References

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